Family & Community

Child Care

Bright Beginnings -Tonkawa 580-823-0258
Building Blocks 580-718-4268
Child Development Center 580-765-7532
First Lutheran Childcare 580-762-4243
Fun 'N Learning Center 580-765-0881
Kanza Childcare Center 580-362-3544
Pioneer Tech Childcare 580-718-4268
Ponca City Assembly 580-762-2401
Ponca Tribe childcare 580-762-7927
St. Paul's - Kid's Special Time 580-765-7512
Wee Care Center 580-762-1667

Youth Services

Girl Scouts 580-762-9616
Northern Oklahoma Youth Services/Shelter
580-762-8341
Office of Juvenile Affairs 580-762-3281
Scouting America www.poncacityscouts.org

Senior Services

McCord Senior Citizen Center 580-762-9350
Meals on Wheels 580-767-9010
Ponca Tribe Senior Center 580-762-6637
Senior Center (Ponca City) 580-763-8051
319 W. Grand Mon- Fri, 7:30- 4:30 pm
Senior Center (Newkirk) 580-362-1409
Senior Connections 580-762-9412

- Assists elders 55+ with transportation to medical appointments, building ramps, Medicare Counseling, Advantage Medicaid Waiver, Social Security, Veterans Administration, etc.

Wheatheart Nutrition Project 580-262-0303
114 N. Main St, Blackwell, Ok

Employment & Job Training

Express Employment 580-767-1144
Personnel Staffing 580-762-8376
TPI Staffing 580-762-0663
Oklahoma Works Workforce Center
580-765-3372
Work Ready 580-718-4237

HELPLINES

EMERGENCY-911 (POLICE, FIRE, MEDICAL)
Alzheimer's Association Helpline
800-272-3900
Center for Poison and Drug
800-222-1222
Crisis Text Line (Counseling) Text-741741
Helpline (24hr info and Referral) 211
Legal Aid Services 888-534-5234
Missing and Exploited Children
800-843-5678
Missing and Murdered Indigenous People of Northern Oklahoma 580-304-2180
National Runaway Safe-line
800-786-2929
Oklahoma Gambling Helpline
800-522-4700
Oklahoma Domestic Abuse and Sexual Assault Safeline 800-522-SAFE
Oklahoma Tobacco Hotline
800-784-8669
Oklahoma Youth Crisis and Runaway Hotline 800-448-4663
Suicide and Crisis Lifeline(24/7) Dial 988
Teen-line (8pm to Midnight)
800-522-8336
Veteran's Benefits-Oklahoma
877-222-8387

UNITED WAY
Of North Central Oklahoma

205 N 2nd Street,Ponca City, Ok 74601
580-765-2476
www.uwnco.org

Stronger Together. Better Community.

COMMUNITY RESOURCE GUIDE

UNITED IS THE WAY

Information. Connection. Support.
Here for You.

INFORMATION | CONNECTION | SUPPORT | RESOURCES | COMMUNITY

Together, We Build a Stronger Community.

Current as of October 2026

BASIC NEEDS

Free Meal Programs

Friendship Feast at First Christian Church
210 N 5th St (M-Th 4:45 to 5:30pm)
The Mission- 909 E. South Ave
- Tues-Fri, 12-1pm (Closed Mondays)
- Pick up hot meal. Emergency food boxes available 580-765-1426, 580-304-3545

Groceries

Albright United Methodist 580-765-6432
Food pantry - Monday thru Thursday 9-12 pm
Blackwell Associated Charities 580-363-1290
NERA-(New Emergency Resource Agency)
580-765-5372, Mon 12-3pm, Tues. 2-5:30pm, Thurs. 9am-1pm Fri. 11am-3pm
New Hope Christian Fellowship 580-763-5939
401 S. Lincoln, Food Pantry-2nd, 3rd, 4th Friday 9-11am and 2nd Saturday 9-11am
The Mission 909 E. South Ave 580-765-1426
Grocery box every 3rd Wed 9-11am

Blessing Boxes

(Free Food and Personal care items)
Albright Methodist Church 128 S. Palm
Team Radio 102 E. Grand Ave
American Roofing 735 N. Union

Clothing

Blackwell Associated Charities 580-363-1290
New Hope Christian Fellowship 580-763-5939
Clothing Ministry, Tuesday 9am-12pm (closed until April)
The Mission 909 E. South Ave 580-765-1426
Clothing available during meal serving hours
We Care Center 580-765-3610
1905 Joe St, Tues. and Thurs. 10am-2pm

Documentation

A Path Forward 405-547-0150
Identification, Social Security, Birth Certificates.

Gasoline

St. Mary's Catholic Church 580-765-6031
Woodlands Christian Church 580-765-8528

BASIC NEEDS

Housing/Shelter

Ponca City Housing Authority
Section 8 and Public Housing Authority
201 E Broadway Ave 580-762-4445
Peachtree Landing
105 W. Hazel 580-762-3208
Temporary emergency shelter for men, women or parents with children. (Call after 4pm.)

Hygiene Products

Coryell Cupboard -200 S 6th St, 580-716-3280
(Tues. 8-10am and 4-6pm)

Prescription Assistance

United Way North Central Ok 580-765-2476
Rx for Oklahoma 1-405-232-0199

Rent

(if funds are available)
Albright Methodist Church 580-765-6432
St. Mary's Catholic Church 580-765-7794

Transportation

Cimarron Public Transit 580-718-0444
Friendship Bikes First Christian Church
580-762-1667 (provides donated bikes)
Sooner Ride 877-404-4500
Veteran's Ride 855-735-4826
White Eagle Transit 580-763-0139

Utilities

(if funds are available)
Kay County DHS LIHEAP Utility Assistance Program 800-493-7982
Ponca City Residents Only
Call for Information
Albright Methodist Church 580-765-6432
First Christian Church 580-762-1667
First Lutheran 580-762-1111
St. Mary's Catholic Church 580-765-7794
Salvation Army 580-762-7501

Health & Wellness

Blackwell Hospital 580-363-2311
Integris Hospital Ponca City 580-765-3321
Kay County Health Department
- Ponca City, 433 Fairview 580-762-1641
- Blackwell, 1706 S. Main 580-363-5520

Newkirk Family Health Center 580-362-2555
716 S. Highway 77, Newkirk, Ok
Ponca City Family Health Center
122 E. Grand Ave, Ponca City, Ok 580-203-8270
Living Hope Pregnancy Center 580-765-0664

Mental Health

Apex Counseling 580-308-9570
Grand Mental Health 580-749-4016
Healing Hearts and Minds 580-382-4211
Lighthouse Counseling 580-762-6511
Northern Oklahoma Youth Svcs. 580-762-8341
Ponca City Family Health Ctr. 580-203-8270
White Eagle Behavioral Health 580-768-3421

Substance Abuse Programs

Avenue of Hope 580-686-0202
212 S. 3rd St., Ponca City, Ok
Bridgeway, Inc 620 W. Grand 580-762-1462
Celebrate Recovery 218 S. 6th 580-765-4427
Reformers Unanimous, Central Baptist Church
1732 E. Coleman Rd 580-765-5840
Treatment Services LLC 580-762-3217
827 Hubbard Rd (opioid addiction)
Oxford House Sober Living 800-689-6411

Domestic Violence/ Sexual Abuse

Dearing House Child Advocacy Center
311 S. 13th Street 580-762-5266
Survivor Resource Network- Domestic Violence and Rape Crisis Open 24/7, Call 580-762-2873 or text 580-352-4255
Kaw Nation Family Trauma Healing Center
580-362-1098 Crisis (24-hr) 580-716-8156
(Open to non-tribal)
Ponca Tribal Victim Service 580-718-1199
Crisis 580-352-4287 (open to non-tribal)